

Easy Matcha Oatmilk Latte

INGREDIENTS

- 1 tsp matcha powder (I like Rishi's Everyday Matcha)
- 1 cup oat milk (I like Malk best)
- 1 tsp honey or maple syrup

DIRECTIONS

- Pour the oat milk into a pan over the stovetop
- Add honey to oat milk for a tiny bit of sweetness
- Once the milk-and-honey blend simmers, pour into a blender.
- Add matcha powder into the blender
- Blend together for 10-15 seconds on slow-to-medium
- Pour into a mug and enjoy!

Note: if you want this matcha latte iced, forego the stovetop portion and simply add all the items to a blender, blend, and serve over ice.